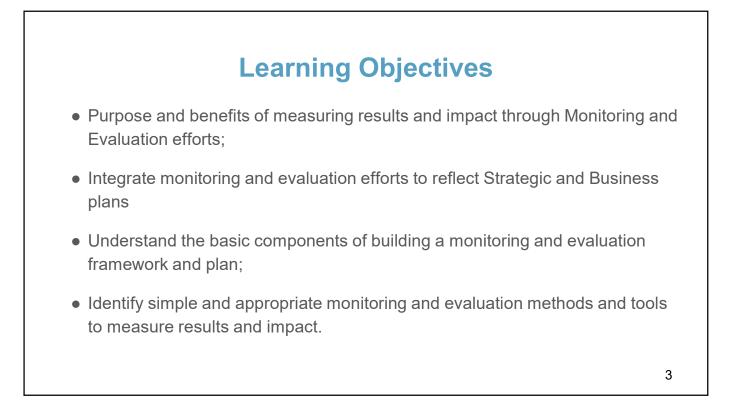
1

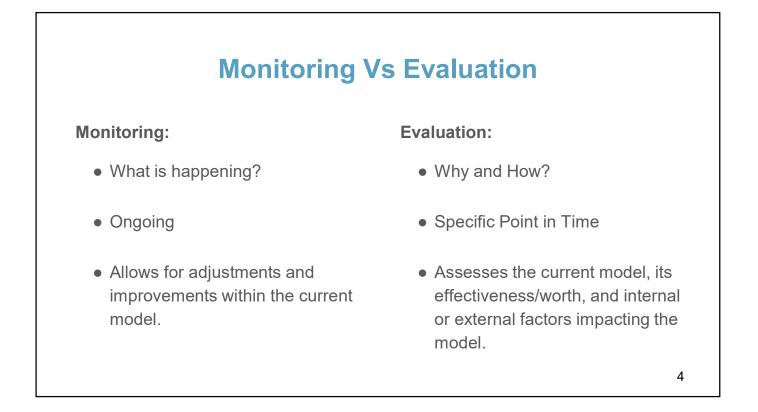


Monitoring For Improvement and Evaluating Your Impact

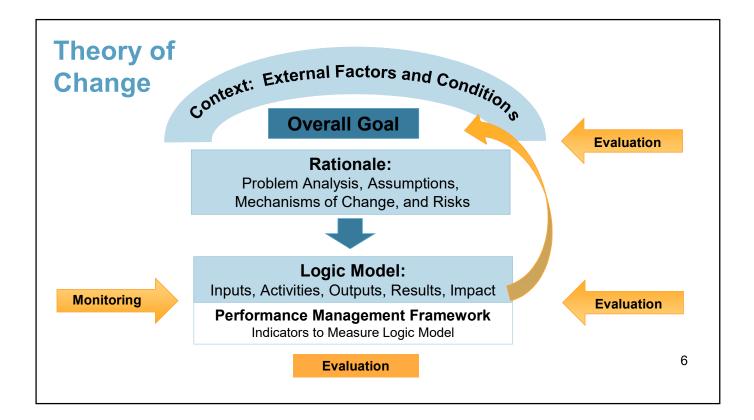
Carmen Sparrow

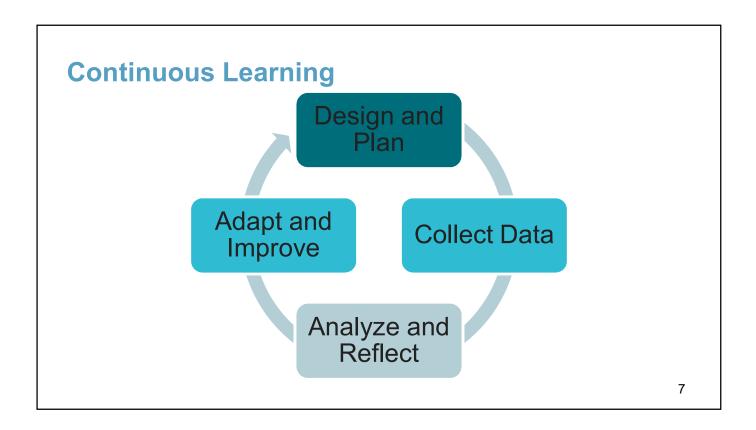


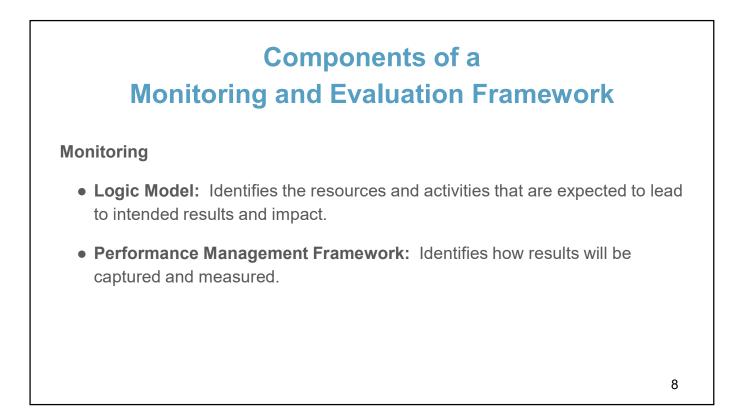








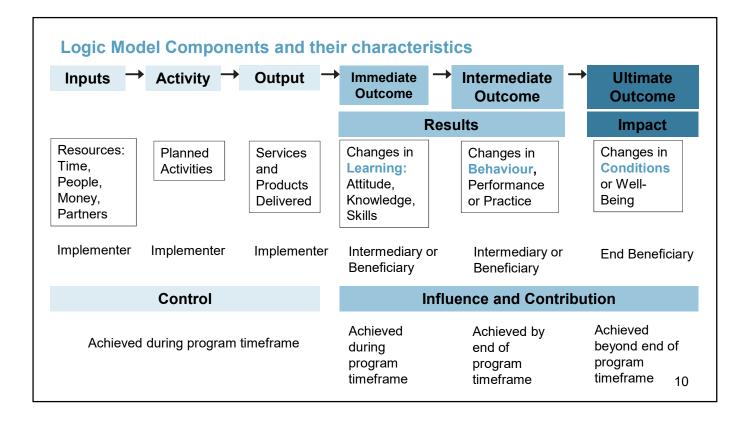




# Components of a Monitoring and Evaluation Framework

#### **Evaluation Options**

Timeframe	Type of Evaluation
At Beginning of the Project:	<b>Formative Evaluations</b> : Needs Assessment, Situation Analysis
During a project:	<b>Mid-term Evaluations:</b> Implementation Evaluation, Process Evaluation
At the End of a project:	<b>Summative Evaluations:</b> Outcome Evaluation, Impact Evaluation



Inputs -	Activity -	Output →	Immediate → Outcome	Intermediate Outcome	<ul><li>Ultimate</li><li>Outcome</li></ul>
			Res	sults	Impact
What resources do you have?	What will you do with your resources?	What are the tangible products of your activities?	What change do you expect to occur either immediately or in the near future?	What change do you want to occur after that?	What change do you hope will occur over time?
Staff, Volunteers, \$ for Training Materials	Provide Training to Adults on "Healthy Eating Habits".	Workshops Created and Delivered on "Healthy Eating Habits". Adults trained in workshops.	Adults have increased knowledge on healthy eating habits.	Adults and their families are eating more healthily.	Overall health of adults and their families increase.

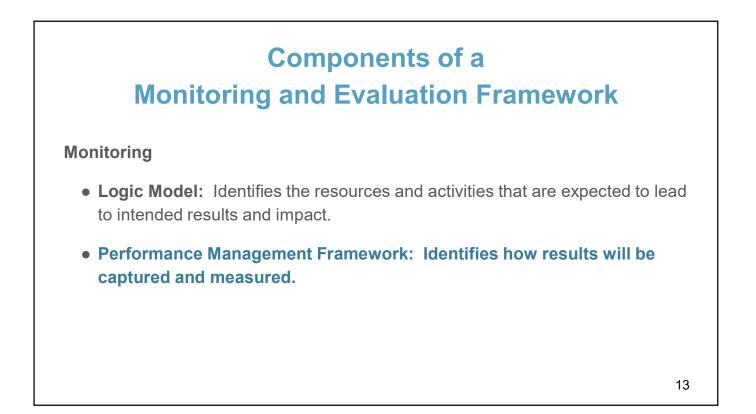
### Logic Model Exercise

You are operating a recreation or sport society, focused on promoting exercise and physical activity.

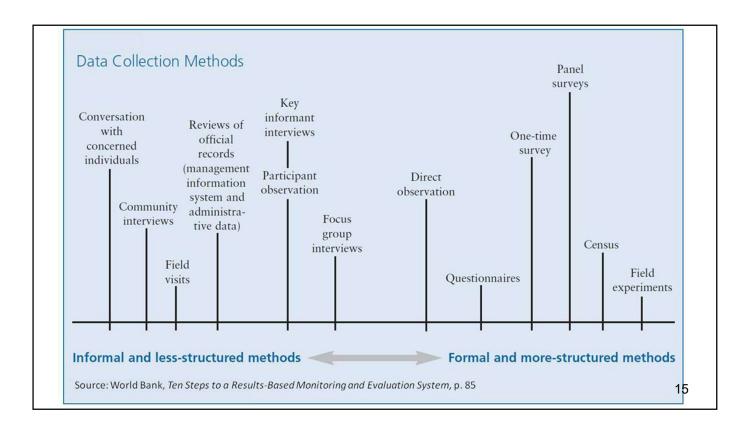
Ultimate Outcome: Overall health of adults and their families increase.

Write a results chain (input to intermediate outcome) focused on exercise/physical activity that leads to the ultimate outcome.

Use first row on your handout.



Inputs -	Activity	→ Output <sup>-</sup>	→ Immediate Outcome	<ul> <li>Intermediate</li> <li>Outcome</li> </ul>	Ultimate Outcome	
Staff, Volunteers, \$ for Training Materials	Provide Training to Adults on How to Eat Healthy	Workshops Delivered on Healthy Eating Habits Adults are trained in Workshop		Adults and their families are eating more healthily.	Overall health of adults and their families in the community increase.	
Indicators	ndicators		% satisfied with the workshop.	% of adults trained who report that	% of households who report	
\$ spent;		delivered.	% of adults	household is eating more healthily.	increased overall health.	
Staff and Volunteer Hours		# of adults trained.	trained who report increased knowledge on healthy eating habits.	% sales increase in vegetables in local grocery store.	Statistics Canada – Health Indicator Profile.	



### **Performance Management Framework - Template**

Result	Indicators	Baseline Data	Targets	Data Sources	Data Collection Methods	Frequency	Respon sibility
Ultimate Outcome	% of population demonstrating change in condition			Gov't Statistics			
Intermediate Outcomes	# of participants reporting or demonstrating change in behaviour	0	75	Partners Participant s	Interview Focus Groups Participant Observation		
Immediate Outcomes	% of participants reporting increased knowledge	25%	75%		Survey	Annually	
Outputs	# of people trained	0	100	Participant s	Analysis of Records	Quarterly	16

### **Performance Measurement Framework Exercise**

Write 1-2 indicators for each:

- Output
- Immediate Outcome
- Intermediate Outcome
- Ultimate Outcome

For each indicator, choose a data collection method.

Use second row of your handout.

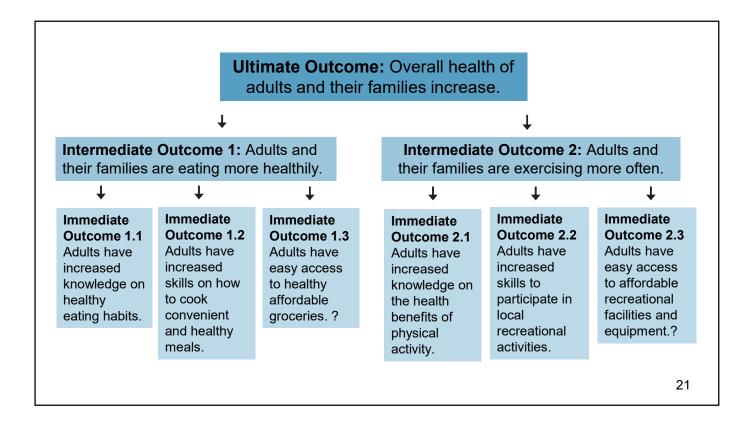
Inputs <sup>—</sup>	Activity	→ Output <sup>-</sup>	→ Immediate Outcome	Intermediate → Outcome	Ultimate Outcome	
Staff, Volunteers, \$ for Training Materials	Provide Training to Adults on How to Eat Healthy	Workshops Delivered on Healthy Eating Habits Adults are train in Workshop	healthy eating	Adults and their families are eating more healthily.	Overall health of adults and their families in the community increase.	
Indicators		# of workshops delivered.	% satisfied with the workshop.	% of adults trained who report that household is eating	% of households who report increased overa	
\$ spent;		# of adults	% of adults trained who	more healthily.	health.	
Staff and Volunteer Hours		trained.	report increased knowledge on healthy eating habits.	% sales increase of vegetables in local grocery store.	Statistics Canada – Health Indicator Profile.	

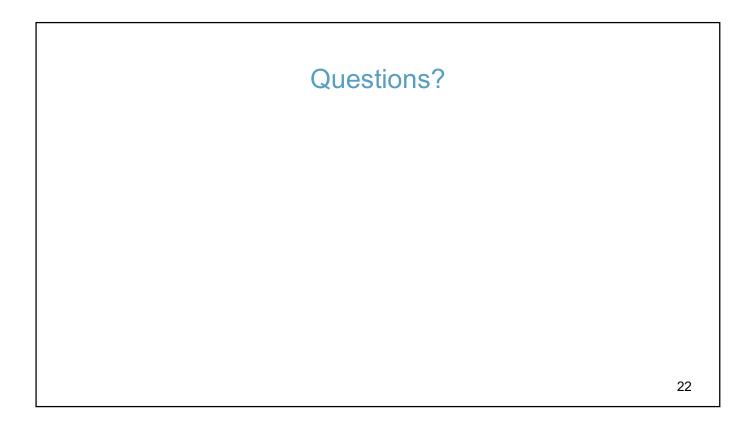
Inputs -	Activity -	→ Output →	Immediate — Outcome	Intermediate → Outcome	Ultimate Outcome
Staff, Volunteers, \$ for Training Materials	Provide Training to Adults on How to Eat Healthy	Workshops Delivered on Healthy Eating Habits Adults are traine in Workshop	Adults have increased knowledge on healthy eating habits d	Adults and their families are eating more healthily.	Overall health of adults and their families in the community increase.
Indicators		10 workshops delivered.	90% satisfied with workshop.	10% of adults trained report they and their family	
		100 adults trained.	80% of adults trained report increased knowledge on healthy eating habits.	are eating more healthily. 0% sales increase in vegetables in local grocery store.	

## **Evaluating the Results Exercise**

- What assumptions did we make/ we miss about our participants?
- What external factors or conditions did we miss?
- How might we adapt our model?
- What potential changes, additions, or deletions could we make to our inputs and activities to improve our results?

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